



Young Texans Against Cancer Houston, Texas

Winter Edition 2008

Young Texans Against Cancer - Mission Statement

YTAC is a start-up, nonprofit organization comprised of young men and women who have either lost or witnessed a loved one fighting cancer or are seeking to become more actively involved in the cancer community. Our organization is focused on raising funds to help support research-based and small- to medium-sized organizations, increase support for volunteer organizations, and educate our community on cancer research.

Second Annual Golf Tournament



YTAC is proud to announce that we were able to present to Baylor College of Medicine a check for \$100,000 from the proceeds raised from our Second Annual Golf Tournament at Wildcat Golf Club on October 20th. The funds will support Dr. Anderson's Ovarian Cancer research.

We thank all of our supporters for their generous donations in making this a tremendous success. See page 2 for pictures from the golf tournament!

Save the Date

Coming soon:

**January 19, 2008
Happy Hour at Shula's
Steakhouse**

Sardinian chef Efisio Farris will be there for a private book signing. He is the head chef at Arcodoro.

A percentage of the proceeds from his book sales will also go to YTAC. For more information, contact social-houston@ytac.org.

Chevron Houston Marathon – Raise Funds for YTAC



YTAC invites you to help us in the fight against Cancer as part of the Chevron Houston Marathon! There are several ways to help:

- Donate at: <http://www.active.com/donate/YTAC>,
- Join the YTAC team of 5K runners on Jan. 18th, or
- If you are already running, you can designate YTAC as the beneficiary of your efforts at:

[http://www.chevronhoustonmarathon.com/Marathon/Run for a Reason.htm](http://www.chevronhoustonmarathon.com/Marathon/Run_for_a_Reason.htm). For more information, visit www.YTAC.org or contact Tom Broughton, Charity Chair at 210.872.2903 (cell) or charity-houston@ytac.org.

For more information or to join us in the fight, please visit us at our website: www.ytac.org

Pictures from Second Annual Golf Tournament



Houston Concierge Association Golf Classic to benefit Young Texans Against Cancer and Star of Hope!

Dust off your golf clubs and get ready for the annual Houston Concierge Association's Concierge Classic on February 16, 2009.

The tournament will be held at the Wildcat Golf Club. Proceeds benefit The Star of Hope Mission and Young Texans Against Cancer.

The HCA's first tournament raised thousands of dollars. The HCA hopes to raise even more donations with this year's golf tournament.

To participate in the tournament, all golfers must register with the HCA by February 9th.

If you have any questions, please contact Guy Yount at 713.385.6960.



Raffle – WIN A CAR!

Join Local **Houston Texans** Players **Ahman Green** (Running Back, #30) and **Matt Schaub** (Quarterback, #8) to support **YTAC's Race Against Cancer!**

Purchase one raffle ticket for \$30 or four tickets for \$100 for your chance to win a \$25,000 gift certificate good at any one of the nine Group 1 Automotive dealerships in the Houston area.

You can purchase an unlimited amount of tickets! **Deadline for entries is February 20, 2009.** Winner will be notified February 28, 2009.

ONLY 300 of a possible 4000 tickets have been sold! You can purchase tickets on our registration page at:

<https://ytachouston.dojiggy.com/registration2/index.cfm?7040235B3078720806747400125C3254330A01>.

Did You Know?

Breast cancer is a malignant (cancer) tumor that starts from cells of the breast.

Breast cancer is the most common cancer among women in the United States, other than skin cancer. It is the second leading cause of cancer death in women, after lung cancer. About 182,460 women in the United States will be found to have invasive breast cancer in 2008. About 40,480 women will die from the disease this year. Right now there are about two and a half million breast cancer survivors in the United States.

The chance of a woman having invasive breast cancer some time during her life is about 1 in 8. The chance of dying from breast cancer is about 1 in 35. Breast cancer death rates are going down. This is probably the result of finding the cancer earlier and improved treatment.

There is no sure way to prevent breast cancer. But there are things all women can do that might reduce their risk and help increase the odds that if cancer does occur, it is found at an early, more treatable stage.

Lowering your risk: You can lower your risk of breast cancer by changing those risk factors that can be changed. If you limit alcohol use, exercise regularly, and keep a healthy weight, you are decreasing your risk of getting breast cancer. Women who choose to breast-feed for at least several months may also reduce their breast cancer risk.

Source: American Cancer Society, www.cancer.org.

JOIN YTAC!

Email: member-houston@ytac.org

Annual membership:

Singles: \$50

Married couples: \$85

Lifetime membership:

Singles: \$350

Married couples: \$500