



Young Texans Against Cancer Houston, Texas

Summer Edition 2008

Young Texans Against Cancer - Mission Statement

YTAC is a start-up, nonprofit organization comprised of young men and women who have either lost or witnessed a loved one fighting cancer or are seeking to become more actively involved in the cancer community. Our organization is focused on raising funds to help support research-based and small- to medium-sized organizations, increase support for volunteer organizations, and educate our community on cancer research.

Annual Membership Drive Event at Vintage Lounge



On June 14th, YTAC kicked off its 2008-2009 Membership Drive with a Luau at Vintage Lounge.

Everyone enjoyed the Zydeco band and some great food. We would especially like to thank Ruggles for providing the excellent fare.

Not only did we have a great turnout but we also increased our

membership. If you or someone you know is interested in joining us in this important fight, please contact Jodie Guarino at member-houston@ytac.org.

Save the Date

Coming soon:

**August 2008
Cocktail Party. Place and
Date TBD**

**October 20, 2008
Second Annual Golf
Tournament at Wildcat Golf
Course**

Be a Part of YTAC!

If you are interested in being a part of **YTAC's Social Committee, Golf Committee, or Charity Selection and Volunteer Committees**, please contact Amy Donovan at pres-houston@ytac.org.

Golf Tournament

Join us **October 20th** for the Young Texans Against Cancer **2nd Annual Golf Classic** benefiting **Ovarian Cancer Research at The Baylor College of Medicine!**

Join YTAC for what will be one of the most exclusive golf events in Houston. But hurry, we **SOLD OUT last year** and only a limited number of Sponsorships and Teams are available for 2008. The golf tournament will be held at one of Houston's finest golf clubs, **Wildcat Golf Club**, which is home of the Astros, Texans, Aeros, Dynamo's and Rockets Sports Teams. Golfers will enjoy 18 holes of golf, lunch provided by **Ruth's Chris Steakhouse** and dinner provided by **El Patio**.

You can register online at www.ytac.org, or contact Kristy Armstrong at golf-houston@ytac.org.

For more information or to join us in the fight, please visit us at our website: www.ytac.org

Pictures from Ronald McDonald Cook Out



Ronald McDonald Cook Out

On July 13th, Young Texans Against Cancer hosted a cook-out at The Ronald McDonald House. The Ronald McDonald House of Houston offers a *home away from home* for families with children being treated at Texas Medical Center institutions for cancer or other serious illnesses. Ronald McDonald House also supports pediatric cancer research.

We prepared and served hotdogs and hamburgers for the families with children staying at Ronald McDonald House.

Fun was had by all! The parents and children were very appreciative. Thank you to all of the volunteers who helped with this special event.

If you are interested in future volunteer events, please contact Tom Broughton at:
charity-houston@ytac.org.



Raffle – WIN A CAR!

Join Local **Houston Texans** Players **Ahman Green** (Running Back, #30) and **Matt Schaub** (Quarterback, #8) to support **YTAC's Race Against Cancer!**

Purchase one raffle ticket for \$30 or four tickets for \$100 for your chance to win a \$25,000 gift certificate good at any one of the nine Group 1 Automotive dealerships in the Houston area.

You can purchase an unlimited amount of tickets! **Deadline for entries is February 20, 2009.** Winner will be notified February 28, 2009.

ONLY 4000 tickets will be sold, so hurry before we sell out! You can purchase tickets on our registration page at:

<https://ytachouston.dojiggy.com/registration2/index.cfm?7040235B3078720806747400125C3254330A01>.

Did You Know?

Skin cancer is the most common of all cancers. **Melanoma** accounts for less than 5% of skin cancer cases. But it causes most skin cancer deaths.

The number of new cases of melanoma in the United States has not changed much in the last 8 years. Overall, the lifetime risk of getting melanoma is about 1 in 50 for whites, 1 in 1,000 for blacks, 1 in 200 for Hispanics.

The American Cancer Society estimates that in 2008 there will be 62,480 new cases of melanoma in this country. And about 8,420 people will die of this disease this year.

Everyone can do things to find this cancer early, when it is curable. How is Melanoma found?

Self exams - It's important to check your own skin about once a month. You should know the pattern of moles, freckles, and other marks on your skin so that you'll notice any changes. Spots on the skin that change in size, shape, or color should be seen by a doctor right away. Any unusual sore, lump, blemish, marking, or change in the way an area of the skin looks or feels should also be checked by a doctor.

Exam by a health professional - Part of a routine cancer check-up should include a skin exam by a doctor or trained health professional.

Source: American Cancer Society, www.cancer.org.

JOIN YTAC!

Email: member-houston@ytac.org

Annual membership:

Singles: \$50
Married couples: \$85

Lifetime membership:

Singles: \$350
Married couples: \$500